

# Psychology

## Psychology Degrees and Certificates

### Psychology, Associate in Arts

The Psychology degree offers a scientific framework for understanding the how and why of human behavior. Understanding the thinking, actions and motives of self and others has direct vocational use in many career areas, such as education, social work and allied health. Knowledge of psychology is required in many professional and paraprofessional fields. The program offers a range of courses designed to meet the varied interests and needs of undergraduate students. This degree can be earned part-time.

Atlantic Cape has a transfer agreement with Rutgers University-Camden for Psychology majors. To ensure that the specific requirements of the transfer college are met, all students interested in this option should contact the department chair.

For information, contact department chair, Dr. Beth Sanders-Rabinowitz, at (609)343-4982 or [bsanders@atlanticcape.edu](mailto:bsanders@atlanticcape.edu).

#### Upon completion of this program students will be able to:

- Demonstrate the methods of inquiry and techniques used in psychology research leading to a comprehension that psychology is based on empirical evidence;
- Describe ethical considerations in psychological research using animals, children and adults;
- Identify, question, compare and contrast various theoretical perspectives of human development;
- Distinguish and evaluate information from various sources using methods of inquiry;
- Apply major theoretical concepts of psychology and its role in the economic, political, and cultural institutions of society.

(PSYH-Fall 2023)

## General Education Courses

When a course is not specified, refer to the list of approved General Education courses.

### Communication

Course #	Title	Credits
ENGL101	Composition I	3
ENGL102	Composition II	3
	Choose: COMM110 or COMM120 (3 credits)	3

### Mathematics-Science-Technology

Course #	Title	Credits
MATH220	Statistical Methods	4
	General Education Science Course (BIOL) (4 credits)	4

## Social Science

Course #	Title	Credits
PSYC101	General Psychology	3
SOCL101	Principles of Sociology	3

## Humanities

Course #	Title	Credits
	Choose: ARTS103, ARTS108, ARTS109, ARTS115, DANC170, MUSC100 or THEA110 (3 credits)	3
	Choose: ENGL104, ENGL201, ENGL205, ENGL206, ENGL213 or ENGL214 (3 credits)	3

## History

Course #	Title	Credits
	Choose: HIST101, HIST102, HIST103 or HIST104 (3 credits)	3
	Choose: HIST101, HIST102, HIST103 or HIST104 (3 credits)	3

## Diversity

Course #	Title	Credits
	Choose: GEOG102 or GEOG110 (3 credits)	3

## Program Courses

*\*Note: Students planning on transferring to Rutgers University-Camden, please note that PSYC226 will transfer as a free elective, not as a program course. EDUC220 should be taken concurrently or after PSYC213.*

Course #	Title	Credits
PSYC/SOCL204	Social Psychology	3
PSYC212	Personality and Adjustment	3
PSYC214	Abnormal Psychology	3
	Choose: PSYC135 or PSYC207 or PSYC225 or PSYC230 (3 credits)	3
	Choose: PSYC213 or PSYC226* (3 credits)	3

## Liberal Arts Electives\*

\*It is recommended that students who choose to take PSYC213 take EDUC220 (1 credit).

Course #	Title	Credits
	Liberal Arts Electives (7 credits)	7

## Technological Competency: 0-4 Credits

(Is fulfilled with CISM125, CISM132, testing or reviewed departmental portfolio.)

Total Credits	60
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## Recommended Sequence of Courses

### First Semester

Course #	Title	Credits
ENGL101	Composition I	3
PSYC101	General Psychology	3
MATH220	Statistical Methods	4
	Choose: HIST101, HIST102, HIST103 or HIST104 (3 credits)	3
	Choose: ARTS103, ARTS108, ARTS109, ARTS115, DANC170, MUSC100 or THEA110 (3 credits)	3

### Second Semester

*\*Note: Students planning on transferring to Rutgers University-Camden, please note that PSYC226 will transfer as a free elective, not as a program course.*

*\*\*It is recommended that students who choose to take PSYC213 take EDUC220 (1 credit).*

Course #	Title	Credits
ENGL102	Composition II	3
SOCL101	Principles of Sociology	3
	General Education Science Course (BIOL) (4 credits)	4
	Choose: PSYC213 or PSYC226* (3 credits)	3
	Liberal Arts Elective** (1, 3, or 4 credits)	1-4

### Third Semester

Course #	Title	Credits
PSYC212	Personality and Adjustment	3
	Choose: COMM110 or COMM120 (3 credits)	3
	Choose: PSYC135 or PSYC207 or PSYC225 or PSYC230 (3 credits)	3
	Choose: ENGL104, ENGL201, ENGL205, ENGL206, ENGL213 or ENGL214 (3 credits)	3
	Choose: HIST101, HIST102, HIST103 or HIST104 (3 credits)	3

### Fourth Semester

*\*If necessary to total 7 credits of Liberal Arts Electives.*

Course #	Title	Credits
PSYC214	Abnormal Psychology	3
PSYC/SOCL204	Social Psychology	3
	Choose: GEOG102 or GEOG110 (3 credits)	3
	Liberal Arts Elective (3 or 4 credits)	3-4
	Liberal Arts Elective* (3 credits)	3

# Psychosocial Rehabilitation and Addictions Counseling, Associate in Science

This degree provides students with a foundation in general education and provides a concentration of course work focused on the knowledge and practical skills needed to support the recovery of persons with psychosocial disabilities, particularly addictive disorders. Beginning skills are taught in some courses. Psychosocial rehabilitation and addictions counseling can begin at the associate in science level and may advance through a baccalaureate program, a master's degree and a doctorate in related fields. Rewarding career possibilities exist at all levels. Jobs are available in psychiatric rehabilitation, community mental health settings, addiction treatment facilities and numerous other areas. This degree may be earned part-time.

For information, contact faculty advisor, Donna Marie McElroy, at (609) 343-5677 or [dmcelroy@atlanticcape.edu](mailto:dmcelroy@atlanticcape.edu) or department chair, Dr. Beth Sanders-Rabinowitz at (609) 343-4982 or [bsanders@atlanticcape.edu](mailto:bsanders@atlanticcape.edu).

## Upon completion of this program students will be able to:

- Demonstrate knowledge of psychosocial and addictions rehabilitation principles, models and evidence-based intervention strategies, as well as an understanding of the symptoms, and functional deficits associated with psychiatric disabilities;
- Employ individual and group counseling techniques needed to develop partnerships with service users and assist them in identifying and achieving their recovery goals;
- Identify community resources that promote wellness and recovery;
- Demonstrate the ability to document progress towards recovery goals;
- Demonstrate professional and ethical behavior and attitudes in the classroom and the clinical fieldwork site.

(PRAC - Fall 2024)

## General Education Courses

When a course is not specified, refer to the list of approved General Education courses.

### Communication

Course #	Title	Credits
ENGL101	Composition I	3
ENGL102	Composition II	3

### Mathematics-Science-Technology

Course #	Title	Credits
BIOL118	The Human Body	4
MATH220	Statistical Methods	4
	Choose: BIOL103, BIOL109, CHEM110, ESCI100, PHYS100 or PHYS102 (4 credits)	4

### Social Science

Course #	Title	Credits
PSYC101	General Psychology	3
SOCL101	Principles of Sociology	3
SOCL200	Contemporary Social Problems	3

# Humanities

Course #	Title	Credits
	Choose: ARTS103, ARTS108, ARTS109, ARTS115, ENGL104, ENGL201, ENGL205, ENGL206, ENGL213, ENGL214, HIST101, HIST102, HIST103, HIST104, PHIL110, MUSC100, or THEA110 (3 credits)	3

## Program Courses

Course #	Title	Credits
HSRV116	Social Agency Skills and Processes	3
HSRV141	Assessment Skills in Addiction Counseling	3
HSRV142	Counseling Skills in Addiction Counseling	3
HSRV143	Case Management with Addicted Populations	3
HSRV144	Client Education with Addicted Populations	3
HSRV145	Professional Issues in Addiction Counseling	3
PSYC214	Abnormal Psychology	3
SOCL203	Social Inequality and Intergroup Relations	3
PRAC295	Internship in Addictions Counseling	3
	Choose: HSRV115, PSYC204, PSYC225 or PSYC226 (3 credits)	3

## Technological Competency: 0-4 Credits

(Is fulfilled with CISM125, CISM132, testing or reviewed departmental portfolio.)

Total Credits	60
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## Recommended Sequence of Courses

### First Semester

Course #	Title	Credits
HSRV116	Social Agency Skills and Processes	3
ENGL101	Composition I	3
MATH220	Statistical Methods	4
SOCL101	Principles of Sociology	3
	Choose: ARTS103, ARTS108, ARTS109, ARTS115, ENGL104, ENGL201, ENGL205, ENGL206, ENGL213, ENGL214, HIST101, HIST102, HIST103, HIST104, PHIL110, MUSC100, or THEA110 (3 credits)	3

### Second Semester

Course #	Title	Credits
HSRV141	Assessment Skills in Addiction Counseling	3
ENGL102	Composition II	3
PSYC101	General Psychology	3
SOCL203	Social Inequality and Intergroup Relations	3
	Choose: BIOL103, BIOL109, CHEM110, ESCI100, PHYS100 or PHYS102 (4 credits)	4

## Third Semester

<b>Course #</b>	<b>Title</b>	<b>Credits</b>
BIOL118	The Human Body	4
HSRV142	Counseling Skills in Addiction Counseling	3
HSRV144	Client Education with Addicted Populations	3
SOCL200	Contemporary Social Problems	3

## Fourth Semester

<b>Course #</b>	<b>Title</b>	<b>Credits</b>
HSRV143	Case Management with Addicted Populations	3
HSRV145	Professional Issues in Addiction Counseling	3
PSYC214	Abnormal Psychology	3
PRAC295	Internship in Addictions Counseling	3
	Choose: HSRV115, PSYC204, PSYC225 or PSYC226 (3 credits)	3

# Psychology Courses

## ANTH/PSYC303 : Cross-Cultural Psychology

An examination of the ways in which non-Western people and cultures view psychology. The course will introduce students to the field of cross-cultural psychology, and will examine the impact of culture on human behaviors, thoughts and emotions. Finally, the course will examine cultural views on physical and mental health, psychological disorders and treatments.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisite Courses**

PSYC101: General Psychology

**Prerequisites**

To enroll in this course, student must be in the Advanced and Continuous Studies, A.S. degree program.

## EDUC/PSYC110 : Child Development: Theory and Practice

Principles and theories of the development of the child from birth through adolescence. Intellectual, psychosocial and physical development will be studied with an emphasis on the role of family and care-giving adults in the optimal growth and development of the child. In addition to the lecture, students must be available for a three-hour-per-week practicum with a children's group. (Placements usually occur during the day; early childhood employees may use their workplace as the placement.) Meets General Education requirement for Social Science.

**Credits** 4

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 3

## PSYC/EDUC213 : Educational Psychology

Teaching-learning process is examined through a study of the major psychological theories of learning, motivation and maturation. These psychological principles are applied to practices of classroom instruction that consider the developmental stage, abilities and learning styles of the learner.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 or CDCC/PSYC110 or PSYC135 with grade of C or better

## PSYC/EDUC226 : Psychology of Exceptionality

Survey of the major categories and types of exceptionality (e.g. mental retardation, learning disabilities, giftedness). Topics include characteristics, causes, identification/assessment, educational remediation approaches and transition to adulthood.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 or EDUC/PSYC110 or PSYC135 with a grade of C or better

## PSYC/SOCL204 : Social Psychology

Examines the social environment and its relationship to students and their behavior. Topics include social roles, group process and aggression.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 or SOCL101 with a grade of C or better

## PSYC/SOCL207 : Introduction to Gerontology

Examines the physiological, psychological and social aspects of aging. Topics include cognitive and personality adaptations, sensory and other health changes, and social and community relationships.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 or PSYC135 or SOCL101

## PSYC101 : General Psychology

Survey of selected major topics within the field of psychology. Topics include stress, psychotherapy, testing, emotions, drives and motives, and memory and learning. Emphasis will be placed on the psychobiological processes that influence behavior. Meets General Education requirement for Social Science.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

## PSYC135 : Child Psychology

Topical examination of the psychological factors that influence life from conception through adolescence. A special emphasis is placed on the psychobiological and social processes governing human behavior. Meets General Education requirement for Social Science.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

## PSYC140 : Principles of Guidance for Parents and Teachers

Considers the role of adults as parents and teachers in the experience of the developing child. Theoretical examination of the dynamics of the child-adult relationship from infancy through adolescence will be coupled with practical strategies for promoting positive development through each stage.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

## PSYC212 : Personality and Adjustment

In-depth study of select personality theories and the dynamics of adjustment mechanisms. Emphasis is placed on motivation and stress in personal development; disturbances in behavior and their resolution; social forces in personal development; and fostering mental health.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 with a grade of C or better

## PSYC214 : Abnormal Psychology

Particular behavioral traits are evaluated positively and negatively with respect to the individual and social functioning. Study of methods, concepts, principles and findings of deviant behaviors and experiences.

**Credits** 3



**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 with a grade of C or better

## PSYC225 : Human Development

Course provides a critical examination of concepts and changes that occur throughout the human lifespan. There is an emphasis upon biological, cultural, intergenerational, social, and other systemic experiences and influences upon personal and social development.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 with a grade of C or better

## PSYC230 : Psychology of Adulthood

Topical examination of the psychological factors that influence life from young adulthood through old age. Special emphasis is placed on the psychobiological factors of the aging process.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisites**

PSYC101 with a grade of C or better

## PSYC301 : Psychology of Gender

An examination of the ways in which psychologists think about and study the construct of gender. Topics discussed will include development and change of gender across the lifespan, the idea of gender over time within the field of psychology, and psychological perspectives on gender seen through the lens of society, culture, history and biology.

**Credits** 3

**Lecture Hours** 3

**Lab/Clinical/Field Study Hours** 0

**Prerequisite Courses**

PSYC101: General Psychology

MATH220: Statistical Methods

**Prerequisites**

To enroll in this course, student must be in the Advanced and Continuous Studies, A.S. degree program.