

Human Services

Human Services Degrees and Certificates

Human Services, Associate in Science

An overview of the social service field, this degree presents the theoretical approaches to the development of human services and helps students explore careers in the social welfare system. Beginning skills are taught in some courses. Social Work education can begin at the Associate in Science level and may advance through a baccalaureate program, a master's degree and a doctorate in Social Work and/or related fields. Rewarding career possibilities exist at all levels. Jobs are available in family services, aging, health and mental health, addictions, disabilities and numerous other areas. This degree may be earned part-time.

For information, contact department chair, Dr. Beth Sanders-Rabinowitz at (609)343-4982 or bsanders@atlanticcape.edu.

Upon completion of this program students will be able to:

- Describe the social and historical factors that have led to the development of the social welfare system in the United States;
- Explain the history and social position of the social work and human services fields;
- Apply basic intervention skills and strategies used in working with human service clients. Among these are the following: interviewing and counseling skills, data collection and assessment skills, problem-solving skills, referral skills, documentation skills and system change skills;
- Identify and explain public and private agencies, their services as well as how these services are organized and implemented;
- Explain key behavioral theories and rationales that guide intervention strategies;
- Communicate professionally and effectively concerning agencies, their work and clients

(HUSV-Fall 2022)

General Education Courses

When a course is not specified, refer to the list of approved General Education courses.

Communication

| Course # | Title | Credits |
|----------|----------------|---------|
| ENGL101 | Composition I | 3 |
| ENGL102 | Composition II | 3 |

Mathematics-Science-Technology

Note: BIOL118 is recommended for students transferring to BSW programs.

| Course # | Title | Credits |
|----------|--|---------|
| CISM125 | Introduction to Computers | 3 |
| MATH220 | Statistical Methods | 4 |
| | Choose: BIOL103-Biology of our World or BIOL118-The Human Body (4 credits) | 4 |

Social Science

| Course # | Title | Credits |
|----------|-------------------------|---------|
| ECON110 | Macroeconomics | 3 |
| PSYC101 | General Psychology | 3 |
| SOCL101 | Principles of Sociology | 3 |

Humanities

| Course # | Title | Credits |
|----------|---|---------|
| | Choose: ARTS103, ARTS108, ARTS109, ARTS115, DANC170, MUSC100 or THEA110 (3 credits) | 3 |
| | General Education Humanities Course (3 credits) | 3 |

Program Courses

| Course # | Title | Credits |
|----------|---|---------|
| HSRV115 | Introduction to Social Work and Human Services | 3 |
| HSRV116 | Social Agency Skills and Processes | 3 |
| HSRV215 | Internship in Human Services | 4 |
| PSYC135 | Child Psychology | 3 |
| PSYC230 | Psychology of Adulthood | 3 |
| SOCL203 | Social Inequality and Intergroup Relations | 3 |
| | Choose: GOVT101 or GOVT110 (3 credits) | 3 |
| | Choose two: ANTH103, GEOG102, HSRV141, HSRV142, HSRV143, HSRV144, HSRV145, PSYC204, PSYC212, PSYC214, SOCL200, SOCL202, SOCL206, SOCL207 or SOCL221 (6 credits) | 6 |
| | Total Credits | 60 |

Recommended Sequence of Courses

First Semester

| Course # | Title | Credits |
|----------|--|---------|
| CISM125 | Introduction to Computers | 3 |
| ENGL101 | Composition I | 3 |
| HSRV115 | Introduction to Social Work and Human Services | 3 |
| MATH220 | Statistical Methods | 4 |
| SOCL101 | Principles of Sociology | 3 |

Second Semester

| Course # | Title | Credits |
|-----------------|---|----------------|
| ECON110 | Macroeconomics | 3 |
| ENGL102 | Composition II | 3 |
| HSRV116 | Social Agency Skills and Processes | 3 |
| PSYC101 | General Psychology | 3 |
| | Choose: BIOL103-Biology of our World or BIOL118-The Human Body (4 credits) | 4 |

Third Semester

| Course # | Title | Credits |
|-----------------|---|----------------|
| HSRV215 | Internship in Human Services | 4 |
| PSYC135 | Child Psychology | 3 |
| SOCL203 | Social Inequality and Intergroup Relations | 3 |
| | Choose: ARTS103, ARTS108, ARTS109, ARTS115, DANC170, MUSC100 or THEA110 (3 credits) | 3 |
| | Choose: ANTH103, GEOG102, HSRV141, HSRV142, HSRV143, HSRV144, HSRV145, PSYC204, PSYC212, PSYC214, SOCL200, SOCL202, SOCL206, SOCL207 or SOCL221 (3 credits) | 3 |

Fourth Semester

| Course # | Title | Credits |
|-----------------|---|----------------|
| PSYC230 | Psychology of Adulthood | 3 |
| | General Education Humanities Course (3 credits) | 3 |
| | Choose: GOVT101 or GOVT110 (3 credits) | 3 |
| | Choose: ANTH103, GEOG102, HSRV141, HSRV142, HSRV143, HSRV144, HSRV145, PSYC204, PSYC212, PSYC214, SOCL200, SOCL202, SOCL206, SOCL207 or SOCL221 (3 credits) | 3 |

Human Services, Certificate

This certificate is a collaborative effort between the New Jersey departments of Human Services (DHS) and Children and Families (DCF), the New Jersey Community College Consortium for Workforce and Economic Development (NJCCCWED) and New Jersey community colleges for a career ladder certificate program. It is designed exclusively for DHS and DCF clerical and support staff who have completed the career ladders program and wish to obtain a college certificate and/or pursue a degree in human services.

The certificate program includes 18 credit hours of Atlantic Cape general education and program courses and 12 credit hours for one of three previously earned Career Ladders certifications in the child protective services field, the mental health field or the disability services field.

For further information, contact faculty advisor, Donna Marie McElroy, at dmcelroy@atlanticcape.edu or (609)343-5677, or contact the department chair, Dr. Beth Sanders-Rabinowitz at (609)343-4982 or bsanders@atlanticcape.edu.

(HSVC-Spring 2010)

General Education Courses

Communication

COMM110-Interpersonal Communication or COMM120-Public Speaking

| Course # | Title | Credits |
|----------|------------------------------|---------|
| ENGL101 | Composition I | 3 |
| | Choice of Course (3 Credits) | 3 |

Social Science

| Course # | Title | Credits |
|----------|-------------------------|---------|
| PSYC101 | General Psychology | 3 |
| SOCL101 | Principles of Sociology | 3 |

Program Courses

| Course # | Title | Credits |
|----------|--|---------|
| HSRV115 | Introduction to Social Work and Human Services | 3 |
| HSRV116 | Social Agency Skills and Processes | 3 |

NJDHS Certificate in Child Protective Services, Mental Health or Disability Services

| | |
|---------------|----|
| Total Credits | 30 |
|---------------|----|

Addiction Counseling Specialist, Professional Series

The Addiction Counseling Specialist Series is designed for those interested in a career as substance abuse counselors or those in other human service fields seeking more knowledge about working with chemically dependent persons. The series consists of a general helping skills course along with five addiction counseling-specific courses.

The courses follow the domain topics as prescribed by the Addiction Professional Certification Board of New Jersey, Inc. and can be used toward completion of the requirements for a CADC (Certified Alcohol and Drug Counselor). There are additional requirements for CADC, including 3,000 hours of related work experience at a drug and alcohol addiction treatment program. Students must also pass a State administered oral and written examination. Addition program information can be found online at www.atlantic.edu.

For information, contact department chair, Dr. Beth Sanders-Rabinowitz, at (609)343-4934 or bsanders@atlanticape.edu.

Upon completion of this program students will be able to:

- Demonstrate interviewing, assessment and listening skills through role-playing;
- Identify the major drugs of abuse and Federal schedules, or classification, of the primary substances of abuse, including alcohol;
- Define psychopharmacology and the effects of various drugs of abuse on the major physiological body systems;
- Describe the various treatment modalities including self-help groups, group counseling, family counseling, and psychotherapies;
- Identify guidelines for the process of ethical decision-making according to the NAADAC Code of Ethics.

(ZADS)

Courses

| Course # | Title | Credits |
|----------|---|---------|
| HSRV116 | Social Agency Skills and Processes | 3 |
| HSRV141 | Assessment Skills in Addiction Counseling | 3 |
| HSRV142 | Counseling Skills in Addiction Counseling | 3 |
| HSRV143 | Case Management with Addicted Populations | 3 |
| HSRV144 | Client Education with Addicted Populations | 3 |
| HSRV145 | Professional Issues in Addiction Counseling | 3 |
| | Total Credits | 18 |

Human Services Courses

HSRV/EDUC126 : Introduction to Special Services

Interdisciplinary survey of current research, practice and trends in the identification of children and adults with developmental disabilities and other special needs. The services required to support quality education, training and development through the life span will be described. Intended for students interested in the fields of special education and human services for the developmentally disabled.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

Prerequisites

CDCC/PSYC110 or HSRV115 or PSYC135 or permission of instructor.

Semester Offered

Spring

HSRV115 : Introduction to Social Work and Human Services

Introduces students to the history, practice and values of the social work profession. The course provides an overview of the American social welfare system and the roles and skills utilized in human service areas of practice in which social workers and other human service workers are involved. Students will become aware of private and public agencies in the community to facilitate an understanding of jobs in the social welfare system.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

HSRV116 : Social Agency Skills and Processes

Introduces primary skills used in social agencies by human service workers to help clients and to bring about social change. These include interviewing and problem-solving counseling, data collection and assessment skills, case planning and management skills, referral skills, documentation skills, and social change skills. Emphasis is placed on connecting these helping skills to the conceptual frameworks and guiding principles of the social work and human services professions upon which they are based. These topics conform to Topics C201-Introduction to Counseling and C202-Introduction to Techniques and Approaches as approved by the Addictions Professional Certification Board of N. J., Inc.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

HSRV141 : Assessment Skills in Addiction Counseling

Provides knowledge and skills used in the assessment of addiction. Topics include the pharmacology of addiction, the initial interviewing process, biopsychosocial assessment and differential diagnosis, and diagnostic summaries of chemical addictions and compulsive gambling. These topics conform to Domain I of the CADC coursework as prescribed by the Addiction Professionals Certification Board of N.J., Inc.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

HSRV142 : Counseling Skills in Addiction Counseling

Examines the theory and practice of counseling in the addiction counseling field. Individual, family and group approaches as well as the topic of crisis intervention are covered. These topics conform to Topics C203 through C209, Domain II of the CADC coursework as prescribed by the Addiction Professionals Certification Board of N.J., Inc.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

Prerequisite Courses

HSRV116: Social Agency Skills and Processes

Semester Offered

Fall

HSRV143 : Case Management with Addicted Populations

Focuses on the referral, consultation, and documentation skills in case management with addicted populations. The special needs of and approaches to case management with HIV clients are studied. These topics conform to Domain III of the CADC coursework as prescribed by the Addiction Professionals Certification Board of N.J., Inc.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

Semester Offered

Spring

HSRV144 : Client Education with Addicted Populations

Provides students with the knowledge and skills to give information concerning addiction to clients, their families and significant others. The course also prepares students to provide education about addiction to colleagues and community organizations. These topics conform to Domain IV of the CADC course work as prescribed by the Addiction Professionals Certification Board of N.J., Inc.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

Prerequisites

HSRV141 or permission of instructor.

Semester Offered

Fall

HSRV145 : Professional Issues in Addiction Counseling

Sociocultural and growth issues related to professional effectiveness will be studied. Topics include legal and ethical responsibilities, cultural competency, personal and professional growth, the use of supervision and consultation, and community involvement. These topics conform to Domain V of the CADC course work as prescribed by the Addiction Professionals Certification Board of N.J., Inc.

Credits 3

Lecture Hours 3

Lab/Clinical/Field Study Hours 0

Semester Offered

Spring

HSRV215 : Internship in Human Services

Designed to give student the opportunity to apply formal education to an actual work situation in the Human Services field under the supervision of the course instructor and the sponsoring Agency/Entity supervisor. In addition to the 135-hour field experience, students attend classroom sessions on a schedule determined by the course instructor.

Credits 4

Lecture Hours 1

Lab/Clinical/Field Study Hours 9

Prerequisites

HSRV115 and HSRV116 with a grade of C or better